

Emergency Preparedness

CERT REFRESHER CLASS

For the whole neighborhood!

Cottonwood Heights Community

Tuesday, May 25th

7:00 p.m.



Wasatch Stake Building

8170 Short Hills Drive

- We will talk about Emergency First Aid-
- What you do RIGHT after an Emergency-
- Get hands on First Aid training-

**Presented by Ben Sharer
of the Unified Fire Authority**



We have all watched the news
and seen the confusion & suffering that occurs
during an Emergency.

Let's talk about how **YOU** can be better
prepared



A. 7:00pm Opening Session - The Role of the Incident Commanders - Organizing volunteers and relief efforts, Setting up the Medical Team & staging area .

B. 3 Half Hour Classes - we will rotate through each class and get hands on experience.

1. *Triage* – Ben Sharer, UFA

2. *Splinting & bandaging, wound care.*
Bring cardboard, pillows, wood splints,
magazines *Lyman Wood – EMT*

3. *Patient transport* – Please bring a blanket
Dave McGrath - RN

